

Medicine Valley Invitational

Order of Events

April 15, 2019

9:15 **Scratch and Add Meeting**

10:00 **Field Events Begin. 3 Attempts, then the top 8 will receive 3 more attempts in the finals.**

Boys Pole Vault	followed Girls Pole Vault
Girls Shotput	followed by Boys Shotput
Boys Discus	followed by Girls Discus
Boys Long Jump	followed by Boys Triple Jump
Girls Long Jump	followed by Girls Triple Jump
Girls High Jump	followed by Boys High Jump

12:30

Running Events

3200 M Relay	Girls/Boys	Finals
100 M High Hurdles	Girls	Prelims
110 M High Hurdles	Boys	Prelims
100 M Dash	Girls/Boys	Prelims
400 M Run	Girls/Boys	Finals
3200 M Run	Girls/Boys	Finals
200 M Dash	Girls/Boys	Prelims

10 Minute Break

100 M High Hurdles	Girls	Finals
110 M High Hurdles	Boys	Finals
100 M Dash	Girls/Boys	Finals
800 M Run	Girls/Boys	Finals
300 M Low Hurdles	Girls	Finals
300 M Intermediate Hurdles	Boys	Finals
200 M Dash	Girls/Boys	Finals
1600 M Run	Girls/Boys	Finals
400 M Relay	Girls/Boys	Finals
1600 M Relay	Girls/Boys	Finals

Bus leaves Wauneta at 6:15 MT - Pick up in Palisade at 7:30 CT