

**Hitchcock County Junior High Invitational Track Meet
Wednesday, April 10, 2019**

Schedule of Events

9:00 am CDT Coaches Scratch Meeting

9:40 3200 Meter Relay

10:00 **FIELD EVENTS** (4 attempts, no finals)

Boys Shot Put (4 kilo) (followed by Girls Shot Put)
Girls Discus (1 kilo) (followed by Boys Discus)
Boys Pole Vault (followed by Girls Pole Vault)
Girls Long Jump (followed by Girls Triple Jump)
Boys Long Jump (followed by Boys Triple Jump)
Girls High Jump (followed by Boys High Jump)

12:00 **TRACK EVENTS** (all events are finals)

Girls 100 Meter Hurdles (30")
Boys 100 Meter Hurdles (33")
Girls 100 Meter Dash
Boys 100 Meter Dash
Girls 1600 Meter Run
Boys 1600 Meter Run
Girls 400 Meter Relay
Boys 400 Meter Relay
Girls 400 Meter Dash
Boys 400 Meter Dash

BREAK

Girls 200 Meter Low Hurdles (30")
Boys 200 Meter Int. Hurdles (33")
Girls 800 Meter Run
Boys 800 Meter Run
Girls 200 Meter Dash
Boys 200 Meter Dash
Girls 1600 Meter Relay
Boys 1600 Meter Relay