

SUTHERLAND BOOSTER CLUB INVITE MARCH 28, 2019

SCHEDULE OF EVENTS

All field events will begin at 1:00 CST with the exception of the girls' pole vault and girls' discus which will begin at 12:30 CST. Entrants will be given **four** attempts or throws. There will be no prelims.

ORDER OF EVENTS

BOYS' SHOT PUT FOLLOWED BY GIRLS' SHOT PUT
GIRLS' DISCUS FOLLOWED BY BOYS' DISCUS
GIRLS' LONG JUMP (WEST RUNWAY) FOLLOWED BY GIRLS' TRIPLE JUMP
BOYS' LONG JUMP (EAST RUNWAY) FOLLOWED BY BOYS' TRIPLE JUMP
BOYS' HIGH JUMP FOLLOWED BY GIRLS' HIGH JUMP
GIRLS' POLE VAULT (9:30) FOLLOWED BY BOYS' POLE VAULT

**RUNNING EVENTS WILL BEGIN AT 4:00 OR THE CONCLUSION OF FIELD EVENTS.
THERE WILL BE NO PRELIMS!!!**

3200 METER RELAY (GIRLS & BOYS)
100 METER HURDLES (GIRLS)
110 METER HURDLES (GIRLS & BOYS)
100 METER DASH (GIRLS & BOYS)
1600 METER RUN (GIRLS & BOYS)
400 METER RELAY (GIRLS & BOYS)

30 MINUTE BREAK

400 METER DASH (GIRLS & BOYS)
300 METER LOW HURDLES (GIRLS)
300 METER INTERMEDIATE HURDLES (BOYS)
800 METER RUN (GIRLS & BOYS)
200 METER DASH (GIRLS & BOYS)
3200 METER RUN (GIRLS & BOYS)
1600 METER RELAY (GIRLS & BOYS)