

RPAC West Junior High Track Meet

Schedule of Events May 8, 2017

9:00 CT/ 8:00 MT: Info Meeting

10:00 CT/ 9:00 MT: Field Events

Girls Shot followed by Boys Shot

Boys Discus followed by Girls Discus

Boys Long Jump followed by Girls Long Jump

Girls Triple Jump followed by Boys Triple Jump

Girls High Jump followed by Boys High Jump

Boys Pole Vault followed by Girls Pole Vault

12:30 CT/11:30 MT: Track Event Prelims

100 Int. Hurdles Prelims (Girls) (30")

100 High Hurdles (Boys) (33") – Will use girls markings

100 Prelims (Girls, Boys)

400 Finals (Girls, Boys)

1600 Finals (Girls, Boys)

200 Finals (Girls, Boys)

30 Minute Break

Track Event Finals

100 Int. Hurdle Finals (Girls) (30")

100 High Hurdle Finals (Boys) (33")

100 Finals (Girls, Boys)

800 Finals (Girls, Boys)

200 Low Hurdle Finals (Girls) (30")

200 Int. Hurdle Finals (Boys) (33")

400 Relay Finals (Girls, Boys)

1600 Relay Finals (Girls, Boys)