

# DUNDY COUNTY STRATTON JUNIOR HIGH TRACK MEET

## Thursday, April 7, 2016

**8:15 AM MT/9:15 CT      SCRATCH MEETING**

**9:00/10:00      FIELD EVENTS BEGIN FOR GIRLS (THREE ATTEMPTS NO FINALS)**

<u>Shot put</u>	<u>Discus</u>	<u>High Jump</u>	<u>Pole Vault</u>	<u>Long Jump</u>	<u>Triple Jump</u>
8 <sup>th</sup> girls	7 <sup>th</sup> girls	8 <sup>th</sup> girls	7 <sup>th</sup> girls	8 <sup>th</sup> girls	7 <sup>th</sup> girls
7 <sup>th</sup> girls	8 <sup>th</sup> girls	7 <sup>th</sup> girls	8 <sup>th</sup> girls	7 <sup>th</sup> girls	8 <sup>th</sup> girls

**9:00/10:00      RUNNING EVENTS BEGIN FOR BOYS**

7<sup>th</sup> grade 1200/8<sup>th</sup> grade 1600  
 100 hurdles  
 100 m dash  
 4 X 100 relay  
 400 m dash  
 200 m low hurdles  
 800 m run  
 200 m dash  
 4X400 m relay

**12:00/1:00      FIELD EVENTS BEGIN FOR BOYS (THREE ATTEMPTS NO FINALS)**

<u>Shot put</u>	<u>Discus</u>	<u>High Jump</u>	<u>Pole Vault</u>	<u>Long Jump</u>	<u>Triple Jump</u>
8 <sup>th</sup> boys	7 <sup>th</sup> boys	8 <sup>th</sup> boys	7 <sup>th</sup> boys	8 <sup>th</sup> boys	7 <sup>th</sup> boys
7 <sup>th</sup> boys	8 <sup>th</sup> boys	7 <sup>th</sup> boys	8 <sup>th</sup> boys	7 <sup>th</sup> boys	8 <sup>th</sup> boys

**12:00/1:00      RUNNING EVENTS BEGIN FOR GIRLS**

7<sup>th</sup> grade 1200/8<sup>th</sup> grade 1600  
 110 hurdles  
 100 m dash  
 4 X 100 relay  
 400 m dash  
 200 m low hurdles  
 800 m run  
 200 m dash  
 4X 400 m relay

Coaches may pick up ribbons at the conclusion of the final race.

100 meter	7 <sup>th</sup> and 8 <sup>th</sup> grade girls	10	30"	High School
200 meter	All	5	30"	45 m to 1 <sup>st</sup> hurdle/35m between 15 m to finish, start @ HS 300 m

Shot Put      Boys will use a 4 Kilo      Girls will use a 6 lb shot